

EMMANUEL JOUTHE  
DANSE CARPE DIEM



# restless

DANCE THEATRE

MAÏG|WEN ET LES ORTEILS  
Gigueux atypiques et contemporains



*"Sometimes the simplest ideas are the most surprising."*

MOONEY ON THEATRE



Photo by Dave Chapelle

## About the work

***Ecoute Pour Voir – Listen to See*** A beautiful, intimate dance experience whereby one or two dancers share a 3-minute solo for one audience member or small group.

Each audience member is encouraged to respond as they wish, some like getting involved in the dance and some watch totally entranced. Strong messages can be sent amongst the subtlety of this beautiful experience.

The dancers perform short solos meaningful to them, highlighting their unique skill and ability. Audiences are invited to go on a journey with the dancers, as they tell their stories through their movement and engage in a brief but meaningful connection.



Photo by Kelly Carpenter

The work is adaptable for a wide number of spaces including rooms, wards, hallways, waiting rooms and cafeterias. Limited space is needed, with the dancers able to adapt according to the surface, the space, time of day, and individual access requirements.

Restless Dance Theatre will supply a tech person, in charge of operating the music for each performer. The dancers will work closely with staff to ensure they are performing at suitable times of the day and can be flexible with where they are based.

The music track for each solo is different, chosen to reflect the dancers personality and convey their story. All compositions are from South Australian music artists.

# Arts In Health

These performances of *Ecoute Pour Voir* are in response to the therapeutic and psychological benefits of Art in Health Environments. 'As sites of both trauma and healing, hospitals can be strange and sometimes unsettling places' (Jo Pickup, Arts Hub 2022). Art has proved a highly effective way of supporting people through challenging times, and initiatives such as *Ecoute Pour Voir* are seen flourishing in Hospitals all over the world.

Due to the pandemic, both Hospitals and the arts have been pushed into overdrive and are facing unprecedented challenges such as staff shortages, limited resources, revenue loss, and reduced opportunities. It's at this juncture that arts and health meet, creating new experiences for both patients and staff, and providing performance opportunities for local performing artists.

Restless Dance Theatre recently collaborated with the Flinders Arts In Health program to bring live performance to the hallways of the Flinders Medical Centre. Over the span of 4 days, the dancers made their way around the wards, sharing intimate moments with patients and staff.

*'I know how well [the dancers] connect with people through their work. Artists in hospital settings need very high levels of empathy, and they need to be able to read people exceptionally well. It's obvious to me that the Restless Performers have those skills, and they have the right personality to undertake this work'*

- Stacey Baldwin, Flinders Medical Centre



Photo by Dave Chapelle

## From Artistic Director, Michelle Ryan

*'I think there is such an opportunity here for our artists to bring something special to someone who is potentially going through something difficult and allow that person to remember their importance and relevance, because they are connecting with that artist who is there, just for them in that moment in time. Our artists value every opportunity they have to perform, so for them to be able to do their solos for six different people, or in six different people, or in six different setting in one day- that's really exciting!'*

## How does it work?

Audience members can experience the different intimate performances in 3 ways.

1. The dancer can perform to a group of people standing or sitting in a circle. Music will be heard from a small Bluetooth speaker.
2. The dancer can perform to one person in a room/ward. Music will be heard through headphones.
3. If in a big outdoor/indoor area, the dancers can set up rope circles to set up performance space/ ensure social distancing, and either perform to a large group with a Bluetooth speaker or give one audience member headphones and direct the performance to them.



Photo by Kelly Carpenter

## Covid Protocols

Safety is of the utmost importance to both us and your venue. All our dancers are fully up to date with their vaccinations and complete Rapid Antigen Tests most mornings during performance seasons. The work can be presented in multiple ways to remain Covid safe.

### Headphones

The headphones are cleaned with antibacterial wipes before each use. The performances can also be done without using headphones, using a Bluetooth speaker instead.

### Masks

Masks can be worn during the performance. If the audience can be positioned outdoors at a socially distanced space from the dancer, the dancer will remove their mask.



Photo by Dave Chapelle



Photo by Dave Chapelle



Photo by Kelly Carpenter



Photo by Dave Chapelle

## Media

*Ecoute Pour Voir Teaser*

[https://youtu.be/XBJ27vGjUYg\\_](https://youtu.be/XBJ27vGjUYg_)

*Ecoute Pour Voir – SOLO 1*

<https://youtu.be/SMMQgtBhoTs>

*Ecoute Pour Voir – SOLO 2*

<https://youtu.be/KoTJ-46oabk>

*Ecoute Pour Voir – DUET*

<https://youtu.be/94Of4q4kgbA>

*Ecoute Pour Voir – SOLO 3*

<https://youtu.be/frCfx1O4kP4>

### **For further information, please contact:**

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## Testimonials

*Not all artists are suited to working in an environment like ours, but the dancers nailed it. Thank you for your trust in us, and for providing amazing experiences to the patients and staff. It will have a deep impact on them, I am sure of it.'*

Stacey Baldwin, Flinders Medical Centre

*'It was a splendid affair, irresistible and valuable for the patients we got to see and heartbreakingly beautiful on more than one occasion.'*

Dave Chapelle, Flinders Medical Centre

## About us

Restless Dance Theatre is Australia's leading creator and collaborator of dance theatre by dancers with and without disability. Led by Artistic Director Michelle Ryan, an award-winning artist with disability, Restless creates loud, strong, and original dance theatre nationally and internationally. The work is collaboratively devised, inclusive and informed by disability. Restless brings together artists with diverse minds, bodies, and imaginations together to create contemporary dance theatre from everyday lived experiences, embedding inclusion into our screens, on our stages, and in unexpected places. Restless Dance Theatre is a place where diversity is celebrated, and all artists thrive creatively.