



PUBLIC CLASSES - TERM 3 SIGN UPS NOW OPEN

Term 3 sign-ups are now open! Whether you're in the North, South, Hills, or City, Restless weekly classes are a fun and welcoming space for people aged 8 to 65 to explore movement and creativity. No experience needed—just a willingness to join in! We're especially excited to offer FREE classes at Aberfoyle Park and Elizabeth this term, thanks to Variety SA. Come move, connect, and express yourself the Restless way.

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restless
DANCE THEATRE